

*“This is a happy school. Everyone feels special, has hope and a reason to smile”.*  
*Ofsted 2023*



# Welcome to Forest School at Farnborough Road Infant School



Farnborough Road Infant School is committed to giving children the opportunity to learn in the outdoor environment and receive the benefits and experiences the natural world has to offer.

Taking learning outside is beneficial in promoting children's self-esteem, wellbeing, creativity, collaborative learning, team building and problem solving all through hands on experience.





OUR FOREST SCHOOL SESSIONS TAKE PLACE WITHIN OUR INTERNAL SCHOOL GARDEN AREA.

OUR FOREST SCHOOL PROGRAMME HAS BEEN DEVELOPED OVER THE LAST YEAR AND IT IS CONTINUALLY BEING ENHANCED TO GIVE A BROAD RANGE OF EXPERIENCES.

## **What is Forest School?**

“Forest School is an inspirational process that offers ALL learners regular opportunities to achieve, develop confidence and self-esteem, through hands-on learning experiences in a woodland or natural environment with trees. Forest School is a specialised learning approach that sits within and compliments the wider context of outdoor and woodland education.”

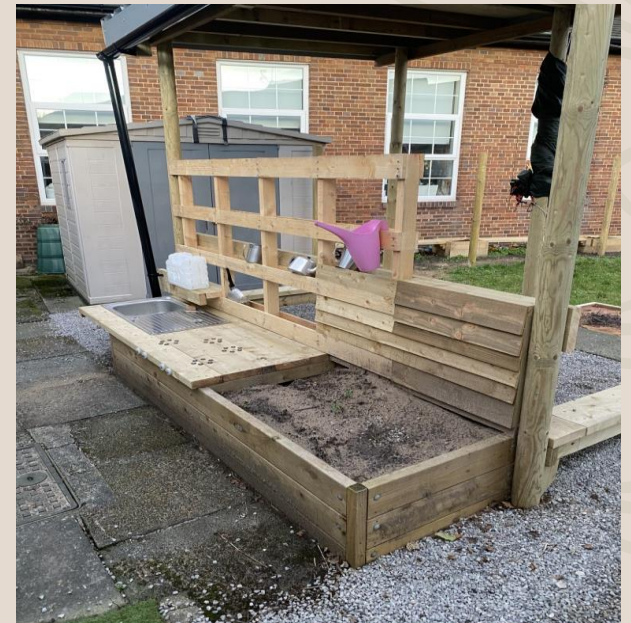
Forest School Association

## Forest School has six key principles:

1. Forest School is a long-term process with frequent and regular sessions rather than a one-off visit. Planning, adaptation, observations and reviewing are integral elements of Forest School.
2. Forest School takes place in a woodland or natural wooded environment to support the development of a relationship between the learner and the natural world.
3. Forest School aims to promote the holistic development of all those involved, fostering resilient, confident, independent and creative learners.
4. Forest School offers learners the opportunity to take supported risks appropriate to the environment and to themselves.
5. Forest School is run by a qualified Forest School Practitioner who continuously maintains and develops their professional practice.
6. Forest School uses a range of learner-centred processes to create a community for development and learning.



A focal point in our Forest School site is the wooden sheltered seating area; there is a permanent fire site, bug hotels, a large digging area, a mud kitchen and plenty of green space for the children to explore!



Forest School aims to promote the holistic development of all those involved, fostering resilient, confident, and independent learners.

These qualities feedback positively into the classroom and other settings.

Children are encouraged to be curious, explore and take managed risks, every child is the center of their own learning.



# What we do at Forest School...

## We build dens



# We cook on an open fire



# We are Creative with our natural environment



We cook up lovely  
treats in the kitchen



# We use tools





We do a lot of digging

We play team games  
together





We learn about our  
natural world around us

We love being out in the garden area having fun outdoors!



The children will participate in a variety of activities including shelter and den building, fire lighting, tool use and playing in mud.

They sing songs, make music and play games.

Although activities are planned, the children are able to choose and self-direct and develop their play in their own way.

