



Farnborough Road Infant School

PSHE (Personal, Social, Health and Economic Education) Policy

'Learning, Caring and Achieving Together'

Vision

At Farnborough Road Infant School, we are Growth Mindset champions! We want all our children to love PSHE. We want them to have no limits to what their ambitions are and grow up wanting to be teachers, social workers, mental health psychologists, doctors and nurses.

We want all our children to have the best start to life and to learn and apply the skills needed to be responsible adults. We want everyone to feel safe to take risks and to know that making mistakes is part of the journey of learning. Our vision is that our children grow up to be resilient, empathetic individuals who can keep themselves and others safe and are individuals who want, and are ready, to make a difference.

Intent

Our PSHE (Personal, Social, Health and Economic) curriculum, as a statutory subject, is tailored to the needs of our children at Farnborough Road Infant School. Our curriculum equips them with a sound understanding of risk and with the knowledge and skills necessary to make informed choices needed to keep themselves healthy and safe and prepared for life and work. At Farnborough Road Infant School, we also believe it is important to have a focus on feelings and emotions, as it is vital that our children are equipped with strategies to cope with a variety of emotions from a young age.

Our PSHE curriculum promotes our school values and ethos. From a young age we want our children to make the right choices, be sensitive to the needs of others, and be respectful and polite. The FRIS PSHE curriculum builds on statutory content outlined by the Department of Education, including guidance on health education and relationship and sex education (RSE) and the importance of physical activity and diet for a healthy lifestyle. It also provides memorable PSHE lessons that will develop their personal, social and emotional learning and prepare them for the next stage in their education and give them valuable life skills.

We have four consistent Golden Rules from our Caterpillars to Year 2: to be kind and gentle, to try your best, to listen carefully and to be honest. All staff use this script when talking and teaching our young children about the importance of good behaviour. Our 5 School Values: Compassion, Perseverance, Honesty, Love & Kindness and Respect underpin everything we do and teach, to ensure our children grow up to be outstanding, productive citizens of our school, local community and our world.

The PSHE Policy should be read in conjunction with the Drug Education Policy, RSE Policy, Healthy Eating Policy, Anti-Bullying Policy and Behaviour Policy.

Implementation

We use the 1Decision programme to support our teaching of PSHE. Our PSHE curriculum has carefully planned learning opportunities which ensure each year group has progression of skills, vocabulary, understanding and knowledge.

We are proud of our commitment in developing our children's Personal, Social and Economic development. Our whole school Buddy Swap enables our children to develop their kind and caring natures as they buddy with a younger class. Children relish the chance to play with their buddies, siblings and friends in other year groups in our Friday MASH up playtimes. Children develop their compassionate natures through our commitment to charities. Every year our School Council chooses the charity for our half termly Toast Café donations as well as working alongside other Southport Learning Partnership School Councils for local and worldwide charity events. For example, donating

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our shoes to Sal's shoes for children less fortunate than ourselves. We encourage children to think of others in our local community and provide opportunities for this. For example, Little Voices choir singing at Queenscourt Hospice and Birkdale Park Nursing Home, Y1 singing at St John's Christmas Tree festival and Year 2 singing at Dobbies, supporting Teenage Cancer Trust. Many of these events take part in the children's own time showing their commitment to others.

Our daily assemblies also commit to developing our personal, social and economic skills and our understanding of worldwide topical issues and British Values. We celebrate and recognise our children's achievements, praising our Stars of the Week.

Our whole school Growth Mindset ethos permeates throughout our school and you can often hear our children saying 'You can't do it YET!', 'Don't give up!' or 'Practise makes perfect.'

Organisation and Planning

EYFS

Personal, Social and Emotional Development (PSED) is a prime area of learning in the Early Years and focuses on Self Confidence and Self Awareness, Managing Feelings and Behaviour and Making Relationships. These skills are constantly addressed through the teaching of all areas in the EYFS, supporting children with their play and through their friendships, circle times and story times. Stand alone PSED lessons are also taught weekly which link to the whole school topics for each half term and help equip children with the skills needed to progress in PSHE.

Key Stage 1

Key Stage 1 follows the 1Decision programme and is adapted to include local links (eg. Beach safety and rail safety), making it a bespoke FRIS curriculum. The children have been introduced to the 1Decision topics that we follow each half term during their time in EYFS. Our curriculum allows children to make choices in a safe environment and allows them to explore and consider the consequences for both safe and unsafe choices. Our PSHE curriculum covers:

- **Being Responsible** –Practise Makes Perfect, Water Spillage, Helping Someone in Need, Stealing.
- **Feelings & Emotions** – Recaps on feelings taught in EYFS plus introducing unpleasant emotions such as jealousy and anger
- **Relationships** – Friendships, Families and people who care for us, Bullying, Touch, Online relationships, Respectful relationships
- **Computer Safety** – Online bullying, Image Sharing, Making friends online, Computer safety
- **Keeping/ Staying Healthy** – Healthy Eating, Hand washing, Brushing teeth, Medicine (including legal/illegal drugs), Mental health, Physical health
- **Keeping/ Staying Safe** – Road safety, Beach safety, Railway safety, Staying safe.
- **Our World** – Growing in our world, Living in our world, Looking after our world, Working in our world.

PSHE is taught weekly in all year groups and includes the statutory RSE curriculum. Teachers should be prepared for unplanned situations in order to maximise opportunities to develop PSHE and SMSC for all children.

Each topic is evaluated in year group meetings and any feedback informs future planning, ordering of resources and potential visitors to support learning and enhance the curriculum.

Topics covered in our curriculum are enriched through specific days/ weeks and help deepen our children's understanding of worldwide topics and issues. These include World Smile Day, World Mental Health Day, Friendship Week, Black History Month, E-Safety Week, Sun Safety Week, Happy Me Week and Mental Health Awareness Week.

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Trips and visitors are used to enhance our school curriculum and provide the children with first hand experiences. E.g. Road Safety talks, visit from a fireman, trips to the local train station, Deaf Active sign group, farm visits etc,

Assessment, Reporting and Recording

Children and their work are continually being assessed as skills, knowledge and understanding develop. The assessment may be oral, pictorial, including photographs, a written piece of work or an observation in a class or group activity.

At the end of each topic, teachers update their assessments, to indicate if the child has achieved the expectations. Evidence is retained in the form of written, pictorial or photographic evidence.

The PSHE Leader has a clear role and overall responsibility for the progress of all children in PSHE throughout the school. Children's progress in their PSED and PSHE is tracked and attainment is stored digitally using Arbor in EYFS and KS1. Attainment data is analysed and regular feedback is provided to inform on progress and future actions to the Senior Leadership Team.

Parents are kept informed of children's progress in PSED/PSHE through their annual Summer term report and have the opportunity to meet the teacher to discuss the report.

Impact.

We strive for every child to achieve their full potential in PSHE and be ready for their next stage in learning and inspire aspirations for their future career paths. We want our children to be responsible individuals who are equipped with the skills to make safe and responsible choices.

At Farnborough Road Infant School, we are valuable, unique individuals who work as a great team!

Review

This policy will be reviewed regularly

Updated February 2023

<u>Signed</u>	<u>Date</u>	<u>Headteacher.</u>
<u>Signed</u>	<u>Date</u>	<u>Chair of Governors.</u>