



Farnborough Road Infant School

Farnborough Road, Birkdale,
Southport, PR8 3DF

Telephone 01704 577637 Fax 01704 570798

Email: fris@schools.sefton.gov.uk

Head Teacher: head.fris@schools.sefton.gov.uk

18th March 2024

Dear Parents/Carers,

Re: Information on measles

Your child may have had contact with a person who has measles at Farnborough Road Infant School. This means that if you or your child are not fully vaccinated against measles with 2 doses of the measles, mumps and rubella (MMR) vaccine, your child may be at risk of developing measles. This letter provides information about what you should do to protect your health and others around you.

Measles is an infection that spreads very easily. It can occur suddenly, and people can become unwell quickly. At the end of this letter, there is more information about measles - please read this to learn more about the symptoms of measles, how it spreads and about vaccination against measles. There is also further information available about measles at www.nhs.uk/conditions/measles.

When to speak to your GP

Some people will need to ask their doctor for advice as soon as possible:

People with a weak immune system

If you have a weakened immune system, you should contact your GP and tell them that you may have been in contact with someone who has measles. Your doctor may want to do a test to find out if you are protected from measles, or give you treatment to reduce your risk of becoming unwell.

Pregnant women

If you are pregnant and think you may have missed a dose of the MMR vaccine, or are unsure if you have had the vaccine, contact your doctor or midwife and tell them that you may have been in contact with someone who has measles.



2023-2026

Children aged under 12 months old

If your child under 12 months old attended Farnborough Road Infant School at the same time as someone who has measles, please contact your GP for advice.

People who become unwell

You should speak to your GP or NHS 111 if you or your child get a high temperature with a cough, runny nose, sore red eyes or rash. You should try to call your GP or NHS 111 before visiting them in person. This is to avoid spreading measles to others.

Tell your doctor that your child has received this letter and may have been in contact with someone who has measles. It can be difficult to know when to seek help if your child is unwell.

People who have not had 2 doses of the MMR vaccine

If you are unsure if your child has had 2 doses of the MMR vaccine, which will protect you against measles, contact your GP to arrange vaccination. If you have missed a dose you can still be vaccinated at any age. Please see further information on the MMR vaccine in the factsheet.

When can you return to normal activities if you have measles?

Someone who has measles can spread the infection in the 4 days before they get the rash. Once they have a rash, they can still spread the infection for another 4 days.

If someone is thought to have measles, they should stay away from their education or childcare setting, or work, for at least 4 days from when the rash first appears. They should also avoid close contact with infants under 12 months, people who are pregnant and people with weakened immune systems.

Kind regards,



Miss Sephton



2023-2026