

## Helping Your Reception Child At Home



Play I Spy games with your child to help them hear the sounds that letters make. Go on a hunt at home for objects to match the letters of the week.



Read stories to your child, ask them to look at the pictures in books and describe what they can see. Who are the characters in the story? Where is the story taking place? Your child will take home library books this term.



Play turn taking games for example snap card games, rolling dice and simple board games.



Practise throwing and catching in an outside space for example the garden or the park. Use outdoors to talk about weather, nature, changes in the seasons. How do we adapt to this? For example, different clothes are worn to keep us warm or cool.



Help your child to hold simple tools correctly for example pencils for writing, scissors for cutting, knives and forks for eating. Practise mark making and name writing.



Help your child to count out objects correctly, for example stairs, cutlery, buttons. Look at numbers around the home and outside. Talk about different sizes, heights and lengths of objects. Who is the tallest/shortest in our house/flat?



Help your child to make healthy choices with trying different foods and exercise. Practise dressing and undressing and zipping up coats. Remind your child about the importance of independence with toileting. For example show them how to clean themselves, flush the chain and wash their hands properly.

If your child uses a tablet or IPAD please encourage fun educational games, see our website for ideas. Please ensure parental settings are in place to keep your child safe at all times online.

**Thank you for your support.**